

INTRODUCING: (Name)

Date Developed:

	Things To Know About Me		
<p>Non-Negotiables Rituals</p>	<ul style="list-style-type: none"> <li>• Having personal-care provided</li> <li>• Getting video calls from my family</li> </ul>	<ul style="list-style-type: none"> <li>• Connecting with others 1 to 1</li> <li>• Being outside</li> </ul>	<ul style="list-style-type: none"> <li>• Eating slowly, not being rushed and having connection from people helping me while I am eating</li> </ul>
<p>Here's what is important TO me</p>	<ul style="list-style-type: none"> <li>• My family</li> <li>• Having personal-care provided</li> <li>• Spending time with others</li> <li>• Looking nice</li> </ul>	<ul style="list-style-type: none"> <li>• Being warm and cozy</li> <li>• Not being in pain</li> <li>• Not being alone</li> <li>• My favorite foods</li> </ul>	<ul style="list-style-type: none"> <li>• Being around others</li> <li>• Being in an organized environment</li> <li>• Feeling safe</li> <li>• Being told what is going on around me</li> </ul>
<p>Here's what is important FOR me</p>	<ul style="list-style-type: none"> <li>• To have good nourishing foods</li> <li>• Having my skin looked after and receiving my topical treatments</li> <li>• Receiving my prescribed medication</li> </ul>	<ul style="list-style-type: none"> <li>• Being seen by a doctor if I am not my physical or emotional normal self</li> <li>• To learn to universally communicate those things that are very important</li> </ul>	<ul style="list-style-type: none"> <li>• Seeing my neurologist at least every six months</li> <li>• To be as independent as I can</li> </ul>
<p>What supports me in having a good day and why?</p>	<ul style="list-style-type: none"> <li>• Not being alone for long periods of time</li> <li>• Being able to see myself while I am getting ready for the day</li> <li>• Having gentle supports when being supported</li> <li>• Seeing my family on a regular basis, either in person or virtually</li> <li>• Being talked to in a gentle tone</li> </ul>	<ul style="list-style-type: none"> <li>• Being able to choose my favorite foods by communicating with my facial expressions</li> <li>• Eating slowly and not being rushed</li> <li>• Not being in noisy or chaotic environments</li> <li>• People supporting me in a timely manner when I need help with my self-care</li> </ul>	<ul style="list-style-type: none"> <li>• Having music on in my room when I am in there</li> <li>• Getting outside as often as I can, especially when it is warm and sunny</li> <li>• Having my legs covered with a blanket when it is the least bit chilly</li> <li>• Having staff connect with me frequently and often</li> </ul>
<p>What does a bad day for me look like and why (causes)?</p>	<ul style="list-style-type: none"> <li>• I cry because I am in pain or unhappy</li> <li>• I have been alone too long</li> <li>• I won't make eye contact</li> <li>• I don't want to eat</li> <li>• Pushing my body and head against my wheelchair in a frustrated manner</li> </ul>	<ul style="list-style-type: none"> <li>• I get upset or cry because:</li> <li>• I am lonely</li> <li>• I am afraid</li> <li>• I am hungry</li> <li>• I am not hungry</li> <li>• I want to see my family</li> <li>• I want to go outside</li> </ul>	<ul style="list-style-type: none"> <li>• Sometimes you have to make your best guess at why I may be upset and you will know when you are successful with what I need because I will immediately respond in a positive and relieved manner.</li> </ul>

## Behavioral and Health Supports:

SUPPORTS	KEY INFORMATION
Supervision Needs and when I may need additional support from staff	I can be alone for periods of time and am safe. I use a wheelchair which limits my mobility. I do like it better when I am around other people so please don't leave me in my room or alone in a living area for long periods of time. I do need to have assistance with changing and staying clean every couple of hours.
Communication: Receptive & Expressive. How will you know what I want?	I am learning ways that I may be able to communicate better and assessments are being done. I do not use words but I am great with my facial expressions and I can communicate when I am in pain or unhappy with sounds I make. I can understand quite a bit of what you are telling me, mostly by your tone of voice, but don't make the mistake of thinking I don't understand. 😊
TARGETED BEHAVIORS	DESCRIPTION
Identified Behaviors	<ul style="list-style-type: none"><li>I do not have an identified challenging behaviors which are being focused on within my ISP. I am a friendly person and I enjoy my housemates and the staff.</li></ul>
Antecedents	N/A
Prevention/Reinforcements	N/A however, I do love attention and being around others. I love when staff talk with me and let me know what is going on in my world. •
Replacement Strategies	N/A

## KEY HEALTH & MEDICATION INFORMATION:

I have cerebral palsy and use a wheelchair. I need to be assisted with eating which means you need to hold the spoon for me and help be eat. If I eat too fast I am at risk of choking and aspiration. I also need you to monitor my skin integrity as I can easily get reddened areas and rashes if I am not clean and dry. I take vitamins and a stool softener but do not take any other medications. I am relatively healthy.